

WATER SAFETY FOR TEENAGERS



TEENS AND YOUNG ADULTS ARE MOST LIKELY TO DROWN IN...

- Lakes
- Canals
- Rivers or Streams
- Oceans
- Reservoirs
- Retention Ponds



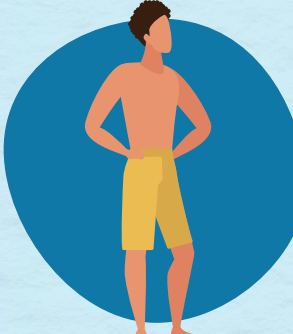
70%

of the deaths associated with water recreation among adolescents and adults are associated with alcohol use.



50%

of drownings above the age of 15 happen in natural water.



80%

of drowning victims are male.



83%

of those who died by drowning while boating were not wearing a life jacket.

NATURAL WATER SAFETY PRECAUTIONS

- Learn to swim.
- Know CPR with rescue breaths.
- Know weather and water conditions.
- Swim only in a designated area.
- Always swim near a lifeguard, if possible.
- Never swim alone.
- Always wear a U.S. Coast Guard-approved life jacket when in, on, or around natural bodies of water.
- If struggling with a rip current, swim parallel to shore.
- Follow the boating best practices (float plan, pre-departure checklist, know signs of heat stroke, know basic hand signals).

